

HULL ACTIVE SCHOOLS PRIMARY CROSS COUNTRY

Hull University Sports Ground

HEALTH & SAFETY

It is the responsibility of all staff to ensure that their students behave in a safe and appropriate manner and do not put runners at risk. It is the responsibility of each school to ensure that there is a qualified first aider with a first aid kit and relevant documentation with their students. Please ensure that students do not lean on the barriers in place.

RESULTS PROCESS

Upon finishing - students will be given a ticket denoting their finishing position. Students must give these immediately to their member of staff in charge who will write their name and finishing position on the front of the envelope in the table provided. All envelopes must be sealed and then handed into Mark Arridge (based at the finish) before leaving.

RACE ARRANGEMENTS - IMPORTANT

A Race = between 4-6 students to run per school with the first four to score.

B Race = schools may enter up to 15 students per race depending upon available capacity.

Students must not run in a B race if they are to run in the A race.

Students will start each race in a “starting pen”. There will be enough space for two students from each school to line up with the rest of the team “two by two” behind them. Place your fastest runners at the front of the starting pen. This should ensure a smooth and safe start.

RACE START ORDER, DISTANCE **Distances are approximate*

- Year 3 & 4 BOYS ‘B’ Race
- Year 3 & 4 GIRLS ‘B’ Race
- Year 3 & 4 BOYS ‘A’ Race
- Year 3 & 4 GIRLS ‘A’ Race
 - **DISTANCE = 1000m**

- Year 5 & 6 BOYS ‘B’ Race
- Year 5 & 6 GIRLS ‘B’ Race
- Year 5 & 6 BOYS ‘A’ Race
- Year 5 & 6 GIRLS ‘A’ Race
 - **DISTANCE = 1400m**

- *The first race will need to start on time and we can not hold off for late schools.*
- *Other race start times are approximate and each race will start when all the runners of the previous have finished.*
- *Organisers reserve the right to start each race 10 minutes earlier than the stated time. Please arrive in plenty of time.*

