AMBASSADOR BRONZE ACTIVITY AMBASSADOR AMBASSADOR

Your Name:

Each task below must be completed 4 times. A member of school staff needs to watch you doing the task and their signature must be placed in the white arrow.

In pairs or a small group, sensibly collect equipment that is required for a lunchtime game or activity of your choice and then safely put this back away to where it belongs.

In pairs or a small group, deliver a short 2-minute activity break during a classroom lesson. Permission from your class teacher must be obtained beforehand.

In pairs or a small group, accurately keep the score of a game or challenge and make sure the activity is played for the correct amount of time

Once your card is complete you'll receive your BRONZE Activity Ambassador rewards, certificate and badge! **SCHOO**

AMBASSADOR SILVER ACTIVITY AMBASSADOR AMBASSADOR

Your Name:

Each task below must be completed 4 times. A member of school staff needs to watch you doing the task and their signature must be placed in the white arrow.

In pairs or a small group, work together to give clear instructions to explain a lunchtime game or activity you've played before, including encouragement when the game is played.

In pairs or a small group, deliver a short 5-minute activity break during classroom lesson time with permission from your class teacher obtained beforehand.

In pairs or a small group, explain how to play a games activity using both verbal and non-verbal communication skills

> **Once** your card is complete you'll receive your SILVER Activity Ambassador reward, certificate and badge!



GOLD ACTIVITY AMBASSADOR

Your Name:

Each task below must be completed 4 times. A member of school staff needs to watch you doing the task and their signature must be placed in the white arrow.

In pairs or a small group, design and create a new game or physical activity challenge to play during lunchtime for at least 20 minutes. This should be a safe game to play and have clear rules.

In pairs or a small group, deliver an Active English or Active Maths activity during a classroom lessons with permission from the class teacher obtained beforehand.

In pairs or a small group, organise a small intra-school competition at lunchtime or after school in a sport chosen by school students. You must explain the rules, decide fixtures and referee games.

Once your card is complete you'll receive your GOLD Activity Ambassador reward, certificate and badge!