## AMBASSADOR BRONZE ACTIVITY AMBASSADOR AMBASSADOR

Your Name:

Each task below must be completed 4 times. A member of school staff needs to watch you doing the task and their signature must be placed in the white arrow.

In pairs or a small group, sensibly collect equipment that is required for a lunchtime game or activity of your choice and then safely put this back away to where it belongs.

In pairs or a small group, deliver a short 2-minute activity break during a classroom lesson. Permission from your class teacher must be obtained beforehand.

In pairs or a small group, accurately keep the score of a game or challenge and make sure the activity is played for the correct amount of time

**Once** your card is complete you'll receive your BRONZE Activity Ambassador rewards, certificate and badge! **SCHOO** 

## AMBASSADOR SILVER ACTIVITY AMBASSADOR AMBASSADOR

Your Name:

Each task below must be completed 4 times. A member of school staff needs to watch you doing the task and their signature must be placed in the white arrow.

In pairs or a small group, work together to give clear instructions to explain a lunchtime game or activity you've played before, including encouragement when the game is played.

In pairs or a small group, deliver a short 5-minute activity break during classroom lesson time with permission from your class teacher obtained beforehand.

In pairs or a small group, explain how to play a games activity using both verbal and non-verbal communication skills

> **Once** your card is complete you'll receive your SILVER Activity Ambassador reward, certificate and badge!



## GOLD ACTIVITY AMBASSADOR

Your Name:

Each task below must be completed 4 times. A member of school staff needs to watch you doing the task and their signature must be placed in the white arrow.

In pairs or a small group, design and create a new game or physical activity challenge to play during lunchtime for at least 20 minutes. This should be a safe game to play and have clear rules.

In pairs or a small group, deliver an Active English or Active Maths activity during a classroom lessons with permission from the class teacher obtained beforehand.

In pairs or a small group, organise a small intra-school competition at lunchtime or after school in a sport chosen by school students. You must explain the rules, decide fixtures and referee games.

**Once your c**ard is complete you'll receive your GOLD Activity Ambassador reward, certificate and badge!